

District Confidential Counselling Program


Supporting the emotional and spiritual well-being of pastors and their families.

Credential holders and their families faithfully serve their local churches and organizations. In turn, it is appropriate that those churches or organizations take responsibility for their ongoing care. This includes offering rest periods, retreats, sabbaticals, and access to pastoral support.

For further information or additional resources to assist in this area, please contact our office.

Contact Us

For general inquiries, contact our office:

 902-895-4212

 info@maritimepaoc.org

 www.maritimepaoc.org/counselling



Clergy Care Network (CCN)

The District financially supports the Clergy Care Network (CCN), a ministry of Focus on the Family. CCN provides access to:

- Free, confidential telephone counselling
- Professional, Christian counsellors
- For pastors and their immediate family

Contact Info:

- 1-888-5-CLERGY (1-888-525-3749)
- info@clergycare.ca
- <https://clergycare.ca/counselling>

Kechnie Benefits Christian Counselling –

If you're part of the District Health Plan:

- Coverage for professional counselling is \$1,000/year per person
- Covers credential holders, spouses, and eligible children
- Includes licensed Christian counsellors
- Other professionals not listed below (licensed and registered Psychologists and Psychotherapists) are also included as part of the yearly \$1,000 benefit.

District Counselling Subsidy

If you aren't enrolled in the Kechnie Benefits Health Plan or have used up the yearly amount, the District will pay 80% of the cost for **up to three** counselling sessions with any of the approved Christian counsellors. This subsidy is available to credential holders, spouses and children up to age 22 (or, 26 if they are a full-time student).

Accessing Counselling

- Choose a counsellor from the list of approved counsellors.
- Let them know you're a PAOC Maritime credential holder (or family) and would like to make an appointment under the Maritime PAOC District's Confidential Counselling Program
- Counsellors will bill the District using a code so your identity remains private.
- It's expected that the Kechnie Benefits coverage would be exhausted prior to accessing the three District subsidized sessions.
- These subsidized counselling sessions are available immediately for those not enrolled in the Health Plan.



Approved Christian Counsellors

Archway Counselling Association

New Glasgow, Truro, & Lower Sackville, NS
902-893-3991 | www.archwaycounselling.ca

- Cynthia Hunt, MSW, RSW
- Vivien Marira, MA, RCT-
- Janice Michels, MA, MAdEd, RCT
- Rachel Quirt, MA, RCT-C
- Brian Schrock, MSW, RSW

Touchstone Counselling Group

Moncton, NB | 506-857-3007 www.tchstone.ca

- Kimberly Alley, MA
- Erin Burke, MA
- Berys Richardson, MA
- Jeff Stubbett, MA

Colleen Ellis, BTH, MTS, RMFT, RP, RCT

- Dartmouth, NS | 902-222-8871
- colleenellis26@gmail.com
- *Specializing in marriage and family therapy*

Jay Guphill, Rev., MA, LCT, CCC

- Brown's Flat, NB | 506-333-2630
- info@madeformoreministries.ca
- www.madeformoreministries.ca
- Specializing in overcoming personal and ministry stress and anxiety, burnout, relational issues (marriage, family, congregation), resolving conflicts.

Elaine Kaley, RSW

- Fredericton, NB | 506-443-7789
- Hungry For Hope Christian Counselling

Andrea Stoodley, BA, MA, CCC

- Quispamsis, NB | 506-639-8316
- Andrea.stoodley@kingschurch.cc