

# CONFIDENTIAL COUNSELLING PROGRAM

MARITIME DISTRICT PAOC

The District's Confidential Counselling Program consists of three components and is available to all credential holders (active or inactive), their spouses and children.

## CLERGY CARE NETWORK

The District financially supports the Clergy Care Network (CCN), a ministry of Focus on the Family. CCN provides access to free confidential telephone counselling.

If you are at a place in your life where you would like to talk with a professional for confidential counselling or consultation, please call the Clergy line at 1.888.5.CLERGY to connect with one of their Master's level, registered Christian counsellors. This service is for pastors, ministry leaders and their immediate family members. For more information about the CCN, visit their website.

**1-888-5-CLERGY/1-888-525-3749**

[Counselling – Clergy Care](#)

[info@clergycare.ca](mailto:info@clergycare.ca)

**(Monday - Friday, 8am-4pm PT)**

## CHRISTIAN COUNSELLING – KECHNIE BENEFITS

Our District Health Plan's counselling coverage with Kechnie Benefits includes the Christian counsellors listed below. This is available to all plan members, their spouses, and children up to age 22, or up to age 26, if the child is a full-time student. The maximum yearly amount is \$1,000 per individual. Please note that the coverage through Kechnie Benefits also includes other professionals not listed below (licensed and registered Psychologists and Psychotherapists) as part of the yearly \$1,000 benefit.

## DISTRICT CONFIDENTIAL COUNSELLING PROGRAM

If you're not enrolled in the Kechnie Benefits Health Plan or have used up your maximum yearly amount, the District will pay 80% of the cost for up to three confidential counselling sessions with any of the Christian counsellors listed below. The counsellor will bill the District using a code number rather than a name to ensure your confidentiality. This is available to credential holders, spouses, and children. Children are covered up to age 22, or up to age 26, if the child is a full-time student.

It's expected that the Kechnie Benefits coverage would be exhausted prior to a credential holder, spouse or child accessing the three District subsidized sessions. The three subsidized counselling sessions are available immediately for those not enrolled in the Health Plan.

To access the confidential counselling, contact one of the approved counsellors listed below. Mention you are a credential holder with the PAOC Maritime District (or the

spouse or child of a credential holder) and would like to make an appointment under the District's Confidential Counselling Program.

Since the credential holder and their spouse serve the local church or organization, appropriate responsibility for care should be borne by the church or organization. The local leadership should provide rest times, retreats, sabbaticals, pastoral care, etc.

## APPROVED CHRISTIAN COUNSELLORS

### ARCHWAY COUNSELLING ASSOCIATION

Located in New Glasgow, Truro, & Lower Sackville, NS  
902-893-3991 | [www.archwaycounselling.ca](http://www.archwaycounselling.ca)

- Cynthia Hunt, MSW, RSW
- Vivien Marira, MA, RCT-
- Janice Michels, MA, MAdEd, RCT
- Rachel Quirt, MA, RCT-C
- Brian Schrock, MSW, RSW

### TOUCHSTONE COUNSELLING GROUP

23 High St., Moncton, NB, E1C 6B4  
506-857-3007 | [www.tchstone.ca](http://www.tchstone.ca)

- Kimberly Alley, MA
- Erin Burke, MA
- Berys Richardson, MA
- Jeff Stubbart, MA

### COLLEEN ELLIS, BTH, MTS, RMFT, RP, RCT

Dartmouth, NS | 902-222-8871  
[colleenellis26@gmail.com](mailto:colleenellis26@gmail.com)

Specializing in marriage and family therapy

### ANDREA STOODLEY, BA, MA, CCC

Quispamsis, NB | 506-639-8316  
[Andrea.stoodley@kingschurch.cc](mailto:Andrea.stoodley@kingschurch.cc)

### ELAINE KALEY, RSW

Fredericton, NB | 506-443-7789  
[Hungry For Hope Christian Counseling](http://HungryForHopeChristianCounseling.com)