## The District's Confidential Counselling Program consists of two components and is available to all credential holders (Active or Inactive) and their spouses.

#### 1 CLERGY CARE NETWORK

The District financially supports the Clergy Care Network (CCN), a ministry of Focus on the Family. CCN provides access to free, confidential, complimentary telephone counselling.

If you are at a place in your life where you would like to talk with a professional for confidential counselling or consultation, please call the Clergy line at 1.888.5. CLERGY. Their trained male and female counsellors would be pleased to talk with you and offer hope in the midst of your struggles. For more information about the CCN, visit their website.

1-888-5-CLERGY
1-888-525-3749
www.clergycare.ca
info@clergycare.ca
(Monday - Friday, 8am-4pm PT)

### 2 CHRISTIAN COUNSELLING

Our District Health Plan counselling coverage with Kechnie Benefits includes the Christian counsellors listed below. If you're not in the Health Plan or have used up your maximum yearly amount, the District will pay 80% of the cost for up to three counselling sessions with any of these Christian counsellors. The counsellor will bill the District using a code number rather than a name.

Please note that if you are part of the District's Health Plan with Kechnie Insurance, the counsellors listed below are covered to a maximum yearly amount of \$1,000. It's expected that this coverage would be exhausted prior to a credential holder or spouse accessing the three District subsidized sessions. The three subsidized counselling sessions are available immediately for those not enrolled in the Health Plan.

#### APPROVED COUNSELLORS

#### **ARCHWAY COUNSELLING ASSOCIATION**

Located in New Glasgow, Truro, & Lower Sackville, NS 902-893-3991 | www.archwaycounselling.ca

- Kristi Garrido, MA, RCT-C
- Cynthia Hunt MSW, RSW
- Janice Michels, MA, MAdEd, RCT-C
- Brian Schrock, MSW, RSW
- Paula Weaver, MSW, RSW

#### **TOUCHSTONE COUNSELLING GROUP**

23 High St., Moncton, NB, E1C 6B4 506-857-3007 | www.tcstone.ca

- Kimberly Alley, MA
- Erin Burke, MA
- Berys Richardson, MA
- Jeff Stubbert, MA
- Sarah Fletcher, BSW, MSW, RSW

#### **COLLEEN ELLIS**

99 Wyse Road, Dartmouth 902-222-8871 | www.colleenellis.net

#### **V & E PATTON COUNSELLING & CONSULTING**Kentville, NS | 902-679-2634

- Eric Patton, M.Div. CAS CCC RCT
- Vicki Patton, M.Ed. Ph.D. CCC RCT CSAT

#### ANDREA STOODLEY, BA, MA, CCC

Quispamsis, NB | 506-639-8316 Andrea.stoodley@kingschurch.cc

#### **ELAINE KALEY, RSW**

Fredericton, NB | 506-443-7789 http://www.hungryforhope.ca/



#### General Information

To access the confidential counselling, contact one of the approved counsellors listed below. Mention you are a credential holder with the PAOC Maritime District (or the spouse of a credential holder) and would like to make an appointment under the District's Confidential Counselling Program.

Since the credential holder and their spouse serve the local church or organization, appropriate responsibility for care should be borne by the church or organization. The local leadership should provide rest times, retreats, sabbaticals, pastoral care, etc.



PO Box 1184, Truro, NS, B2N 5H1

Phone: 902.895.4212

E-Mail: info@maritimepaoc.org

www.maritimepaoc.org



# CONFIDENTIAL COUNSELLING PROGRAM

MARITIME DISTRICT PAOC